

Therapy Brands

Awareness. Acceptance. Advocacy.

Happy Autism Awareness Month! Founded in 1972, the goal of Autism Awareness Month is to increase awareness and spark change to enhance the lives of people on the autism spectrum. Today, we continue to embody these goals as we focus on the pillars of awareness, acceptance, and advocacy. These pillars are a reminder to continuously support and enrich the lives of people on the spectrum by celebrating milestones, exploring possibilities, and increasing inclusivity. We hope you find this bingo card fun and helpful as you and your learner embrace each accomplishment and strive for new ones!

B I N G O

Spend a day together without any devices	Play dress up or do a roleplay game	Volunteer in your community	Do a science experiment	Have a child led activity day
Make a meal together (let them help if possible)	Connect with another family in the autism community	Make an art craft	Enjoy an outdoor activity (gardening, camping, exercise)	Learn a song (singing or instrument)
Read a new book	Learn a new skill together	FREE SPACE 	Go somewhere new	Watch their favorite show or movie
Build something together	Bake their favorite treat (let them help if possible)	Learn a dance	Make a t-shirt to show your Autism Awareness Month pride	Enjoy an indoor workout or move your bodies
Make a mess and then clean it up	Interact with a furry (or scaly) friend	Solve a puzzle or brain game	Practice a new language (spoken or signed)	Have a silly face contest